

# New Jersey Department of Education ANNUAL ATHLETIC PRE-PARTICIPATION PHYSICAL EXAMINATION FORM

**Part A: HEALTH HISTORY QUESTIONNAIRE**-Completed by the parent and student and reviewed by examining provider  
**Part B: PHYSICAL EVALUATION FORM**-Completed by examining licensed provider with MD, DO, APN or PA

## Part A: HEALTH HISTORY QUESTIONNAIRE

Today's Date: \_\_\_\_\_ Date of Last Sports Physical: \_\_\_\_\_

Student's Name: \_\_\_\_\_ Sex: M F (circle one) Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ School: \_\_\_\_\_ District: \_\_\_\_\_

Sport(s): \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_

Provider Name (Medical Home): \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### EMERGENCY CONTACT INFORMATION

Name of parent/guardian: \_\_\_\_\_ Relationship to student: \_\_\_\_\_

Phone (work): \_\_\_\_\_ Phone (home): \_\_\_\_\_ Phone (cell): \_\_\_\_\_

Additional emergency contact: \_\_\_\_\_ Relationship to student: \_\_\_\_\_

Phone (work): \_\_\_\_\_ Phone (home): \_\_\_\_\_ Phone (cell): \_\_\_\_\_

**Directions:** Please answer the following questions about the student's medical history by **CIRCLING** the correct response. Explain all "yes" responses on the lines below the questions. Please respond to all questions.

**1. Have you ever had, or do you currently have:**

- |  |                    |
|--|--------------------|
| a. Restriction from sports for a health related problem?   | Y / N / Don't Know |
| b. An injury or illness since your last exam?  | Y / N / Don't Know |
| c. A chronic or ongoing illness (such as diabetes or asthma)?  | Y / N / Don't Know |
| (1.) An inhaler or other prescription medicine to control asthma?  | Y / N / Don't Know |
| d. Any prescribed or over the counter medications that you take on a regular basis?  | Y / N / Don't Know |
| e. Surgery, hospitalization or any emergency room visit(s)?  | Y / N / Don't Know |
| f. Any <b>allergies</b> to medications?  | Y / N / Don't Know |
| g. Any allergies to bee stings, pollen, latex or foods?  | Y / N / Don't Know |
| (1.) If yes, check type of reaction:   |                    |
| <input type="checkbox"/> Rash <input type="checkbox"/> Hives <input type="checkbox"/> Breathing or other anaphylactic reaction |                    |
| (2.) Take any medication/Epipen taken for allergy symptoms? (List below.)  | Y / N / Don't Know |
| h. Any anemias, blood disorders, sickle cell disease/trait, bleeding tendencies or clotting disorders?                         | Y / N / Don't Know |
| i. A blood relative who died before age 50?  | Y / N / Don't Know |

Explain all "yes" answers here (include relevant dates):

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**List all medications here:**

Medication Name	Dosage	Frequency